



THE  
SCANDINAVIAN  
CLUB of TOLEDO

OLAV GJESDAHL, founder

JANUARY, 2013

ERIC SLAWSON, editor

PRESIDENT'S CORNER

Many thanks to all who pitched in to make our JulFest a wonderful success. **Kris Johnson**, our treasurer, had sugar-and-salt-cured the salmon herself, and there was plenty of it. **Jon Slawson** cooked up a fine pot of warm glögg. Brother **Geoff** brought freshly-baked limpa from a Swedish bakery in his south-Chicago suburb, and his wife **Marna** was a great help, all around. Vice-president **Lois Staber** made arrangements for us to use the lovely clubhouse owned by her condo-association, and coordinated the decorations for our party. We brought in tablecloths, plates, and silverware. Our kalt-bord offered, hard-tack and crackers, herring and several different Scandinavian cheeses, and **Eric's** home-made cucumber salad. Lois made meatballs, and **Eva** made creamed potatoes, both in crock-pots to stay warm all afternoon. Our newsletter editor **Eric** created beautiful program cards. **Jordan Pedersen** was our lovely Lucia. We raffled off several Scandinavian gifts, and sang holiday songs with some gusto! Even clean-up was an ensemble effort, appreciated by all.

We hope you will join us now for a light afternoon meal at **Uncle John's Pancake House** on Sunday. Our program will feature Rick Steves in **Denmark and Copenhagen**. To permit us to be mindful of our personal pocketbooks, we will order from the menu. We hope to see you then.

Finally, our hearts go out to the family of **Olga Christina Boone**, who died recently. See elsewhere in this newsletter for more info. Olga was an energetic and fascinating story-teller, a woman of many talents, and a former president of the Scandinavian Club of Toledo.

Varmliga hälsningar!  
Eva.

## Copenhagen & Denmark

*Our January meeting will be held at  
**Uncle John's Pancake House**  
on Sunday, January 27, at 1 p.m.*

**Program** :: Two half-hour TV episodes of travel video by travel writer Rick Steves. We will see him in **Copenhagen and Denmark**.

**Location** :: **Uncle John's Pancake House** is located near Westgate, on Secor Rd., just north of Central Ave., between Russ' Car Wash and Sonic drive-in. We will meet in the back room.

**Reservations** :: Please contact Kris Johnson with your name and number attending at cjohnson143@woh.rr.com or 419-836- 7637 so that the restaurant has an idea of how many of us will be there. Reservations should be in by Friday, Jan. 25th.

**Menu** :: We will be ordering individually off the menu.

### SAD (also Seasonal Affective Disorder)

*noun, condition historical, acronym modern*

*—winter depression experienced by inhabitants of Nordic countries, excepting Iceland, caused by a lack of sunlight during short winter days.*

*ORIGIN condition first mentioned by 6th century Goth scholar Jordanes in his Getica.*

*RESEARCH Oulu University Hospital, Finland*

*TREATMENT bright light to eyes and channeled into ears to photosensitive brain cells affects mood.*

### In Memoriam

Long-time Club member, and past President, **Olga Christina Boone** has died at the age of 104, on January 10.

"Inspiring" is the word most often used to describe Olga — a teacher, dancer, world traveler, public speaker and storyteller, known and loved for her zest for life and generosity of spirit.

Olga was born in Minneapolis on September 28, 1908, to Swedish immigrants, Gustaf and Ellen Lofgren. Their hard work made it possible for Olga to graduate from Central High School in Washington, DC, and then attain a B.P.E. in Physical Education from Marjorie Webster College, a B.S. in Education from the University of Maryland, and then an M.A. — all during the years of the Depression. And in the midst of her educational pursuits, she also became Miss Maryland!

Olga moved to Sylvania when she was 88 and soon resumed an active professional life of presenting workshops,

inspirational talks and storytelling. She delighted audiences at nursing homes, churches, libraries and Lourdes University.

She received a standing ovation as the keynote speaker at the annual gathering of the Area Office of Aging when she was 101. The following year, she also received accolades for performing an exhibition waltz at the Sylvania Spring Fling Senior Expo.

Olga felt a close bond to libraries. Her involvement with the Brunswick, GA, Library led to her beginning a new career as a storyteller. She was a member of Friends of the Library in Georgia and Toledo, and donated a Bookmobile to the Brunswick Library.

Physically active all her life, she taught exercise to seniors at the Sea Island Cloister into her late 80's.



Olga loved dancing, and led her own troupe, the Olga Lofgren Dancers. Even a hip replacement at 88 did not deter her; she resumed ballroom dancing and performed locally on various stages until she was 102.

Her late husband, James D. Boone, was a violinist, whom she met when they jointly presented musical programs at nursing homes and other venues. She is survived by daughters, Ellen Christina Boone (a member of our club) and Julia Boone Lee of Florida, and by three granddaughters.

A service to celebrate Olga's amazing life will be held at 11 a.m. this Saturday, January 26, 2013, at Monroe St. United Methodist Church.

— read the entire obituary at the **ToledoBlade.com**